

Country Gate Players

Adult Acting Workshop 2026

March 4 – April 1, 2026

Country Gate Playhouse – Belvidere, NJ

Workshop Mission

- Explore foundational acting techniques
- Build stage confidence
- Develop character and storytelling skills
- Strengthen ensemble collaboration
- Discover and trust your authentic voice

What We'll Explore

- Stage areas, body positions, and movement
- The Illusion of the First Time
- Objectives, super-objectives, and tactics
- Breaking scenes into beats
- Character development and analysis
- Diaphragmatic breathing and vocal control
- Improvisation and spontaneous response
- Scene preparation and rehearsal techniques
- Giving and receiving constructive feedback

Session Overview

Session 1: Foundations of Stage Presence – Movement, objectives, ensemble work, introduction
to *Loyalty's Shadow*.

Session 2: Improvisation & Character Creation – Meisner repetition, visualization, 3-line scenes. Monologue assigned.

Session 3: Monologue Performances & Feedback – Scene assignments and initial rehearsal.

Session 4: Scene Analysis & Rehearsal – Determining beats, refining tactics, performance preparation.

Session 5: Final Presentations – Scripted scenes from *Loyalty's Shadow* and group reflections.

What to Bring

- Comfortable clothing for movement
- Notebook and writing implement
- Water
- An open mind and willingness to take creative risks

Workshop Goals

- Increased comfort and confidence onstage
- Ability to analyze and pursue character objectives
- Stronger physical and vocal presence
- Effective ensemble collaboration
- Presentation of a polished scripted scene